

New Hampshire Balancing Incentive Program (BIP)

Projects & Proposals

(as of 2/27/13)

Overview

In BIP application, we estimated that NH would be eligible to receive \$26.46 Million over program period (March 2012 – Sept. 2015)

In deliverable to CMS, New Hampshire BIP proposed to spend:

- \$10,450,000 for infrastructure (work plan) changes,
- \$5,759,810 for core competency training initiatives,
- \$10,249,017 for community services and supports initiatives.
- These figures are all subject to change as BIP advances.

BIP approved to accept & expend \$4.73 Million during FY 13 – G&C 12/5/12

- Funds for FY 2014, 2015 & 2016 (partial year) will be included in Operating Budgets

Spending Approved

Bureau of Developmental Services (BDS)/Community Support Network, Inc. (CSNI) contract approved by G&C 12/19/12 includes the following projects for FY 13:

• START *– Adults	\$362,000
• START *– Children	\$134,000
• Centralized training process (Essential Learning)	\$293,000
• Gentle Teaching	\$90,000
• Risk Management	\$90,000
• Support Intensity Scale (SIS)	\$41,300
• SIS training for case managers	\$50,000
• Assistive Technology	\$75,000
• MEAD – Improve materials & web	\$72,000
• Integrated Care Coordination Team - Health Home	\$100,000
• No Wrong Door – Salem co-location	\$87,500
• Respite Care Portal	<u>\$130,000</u>
Total	\$1,524,800

* Systemic Therapeutic Assessment Respite and Treatment –for persons who have cognitive impairments, mental illness and who present with challenging behaviors.

Spending Proposed

Bureau of Behavioral Health (BBH) contract amendments totaling no more than \$285,000 for rest of FY 13 to distribute training funds to Community Mental Health Centers (CMHCs).

Training areas being reviewed include:

- Rehabilitation for Empowerment, Natural Supports, Education, and Work (RENEW) * facilitators – adolescents
- Cognitive Behavioral Therapy – children & adolescents
- Dialectical Behavior Therapy – children, adolescents, adults
- Assertive Community Treatment team training
- Trauma-informed psychotherapy - adults
- Evidence Based Supportive Employment
- Illness Management and Recovery
- Integrated treatment of co-occurring disorders

BBH training needs identified in **Request for Proposal**:

- Core Competencies:
 - Motivational Interviewing
 - Cognitive Behavioral Therapy
- Evidence-Based Practices:
 - Illness Management and Recovery
 - Evidence-Based Supported Employment
 - Trauma Focused Cognitive Behavioral Therapy
 - Integrated Dual Disorders Treatment

Additional CMHC submissions continue to be reviewed by BBH

* RENEW - is a structured school-to-career transition planning and individualized wraparound process for youth with emotional and behavioral challenges.

Spending Proposed

Bureau of Elderly and Adult Services (BEAS) training requests for Adult Protective Services staff for FY 13:

- Motivational Interviewing \$1,890
- Stages of Change \$1,890
- Integrated Treatment of Co-Occurring Disorders \$1,890

BEAS training needs identified in **RFP**:

- Risk Assessment:
 - Conducting risk assessments as an initial step to HCBC;
 - Practical application of risk assessment instruments;
 - Use of effective clinical engagement techniques;
 - Explore the reasons why at risk clients resist interventions;
 - Discussions regarding acceptable versus unacceptable risk; and
 - Negotiated risk and safety planning.
- Assessment:
 - Content of a comprehensive assessment;
 - Conduct a comprehensive initial assessment;
 - Effective documentation of a comprehensive assessment; and
 - Review of complimentary assessment instruments.
- Effective Case Management:
 - Explicit and implicit responsibilities of case management, role delineation;
 - Assessment, Care Coordination, Planning, Linking, Screening, Advocacy;
 - How to work effectively with multiple team members; and
 - When to conference a case.
- Hoarding:
 - Exploration of the latest research on hoarding and
 - Discussion regarding effective interventions.
- Mental Health:
 - A review of major affective disorders;
 - Discussion of effective treatment strategies and engagement techniques and a
 - Review of existing resources.
 - Working with complex, multi-problem families:
 - Explores how to work with families while providing client centered services;
 - Review of strategies that neutralize family members who may be inhibiting or interfering with the provision of service.
- Supervision:
 - For the employee- how to effectively prepare for supervision;
 - How to develop and assess professional goals.
 - For the Supervisor- how to provide a setting that is conducive to learning;
 - How to effectively monitor performance;
 - How to provide support and guidance while holding an employee accountable.
- Understanding Adult Protective Services:
 - Review the mission of Adult Protective Services.
 - Develop an understanding of the definition of abuse and neglect;
 - Requirements of mandated reporting; and a
 - Review of the APS investigative process.

Community Submissions for Consideration

A number of community services and supports concepts have been submitted for BIP consideration. Population specific concepts have been submitted for every area, including elderly & adult, developmental services, and behavioral health. These “concepts” will be brought to the BIP Stakeholder Committee for recommendations on how best to proceed from a systems transformation perspective.

The submissions range from one-line ideas to fully developed & budgeted proposals. The names of the submitting person / entity have been redacted:

- Nursing Home Transition
- Long Term Support for Employment
- New Hampshire Community Time Bank
- Shared decision making & decision aids for long-term care
- Family-Centered “Health Neighborhood” model
- HOPES Tool
- Adaptation of HomeShareVermont Program
- Respite Care Provider Registry
- Adult Day Programs
- Tablets for Meals on Wheels Drivers
- Falls Risk Reduction
- SeniorFastCare
- Powerful Tools for Caregivers Train-the-Trainer
- Guided Care
- Personal Care Service Providers
- Adapt VT “Ready to Go”
- Information & Care Management Education for Primary Care Physicians about persons with disabilities and vulnerable elderly
- Community Access to Long Term Care
- Short Nursing Home Stay program
- Adult Day Programs
- Replicate Seniors Count Model
- Statewide Transitional Program for Youth with disabilities from child-serving programs
- Emergency Respite for adults with co-occurring Developmental Disability & complex Behavioral Health issues
- Enhanced Options/Supports for Homeless Young Adults
- Advocacy Coalition for Youth and Families Entering Care

- Structured Family Caregiving
- Adult Day Care
- Rural Hybrid Project RED
- Five Wishes
- Parish Nurse
- Health Home
- Nursing Facility Liaison
- Fix It Program
- Accessible Van with Lift
- Establish Accessible Housing
- Adult Day Program
- Moore Options for Seniors Program